

BIG BOOK AWAKENING (BBA) ZOOM Leader Format Leader script:

<https://bit.ly/DAILY12BBA> MEETING ID: 719 9476 8665 PASSWORD: BIGBOOK Arrange one 10 to 15 minute speaker on a step or word line or phrase from the first 164 pages, select a person to read the Start the connection at 11:45 am Pacific. Ask for someone to volunteer to help moderate the 30 minute after meeting. At Noon pacific All resources are linked :

<https://recoveredfrom.com/index.php/bba-daily-meeting-resources/>

Is our speaker ok with recording the audio portion of this to share with others in recovery? ***Hit record, "record to cloud"***

(We can delete audio if anyone changes their mind or objects.)

Good Day! My name is _____ and I am an _____.

Welcome to the ZOOM Big Book Awakening meeting. I'd like to ask everyone to please mute your own microphones now and only turn your mic on when you are going to speak. Use the chat feature to message the group to share next or wave your hand. This meeting intends to follow courteous principles of privacy & anonymity but if you feel your privacy is at risk please disconnect now. We use the recorded audio portion of this meeting to help others connect with our Big Book Awakening message of recovery. If you don't want to share during the recorded session we have open sharing after the meeting.

Our meeting today is modeled on the 12 steps and 12 traditions of Alcoholics Anonymous. All names, personal information and personal stories should be kept in confidence. —What you hear here, whom you see here, let it remain here, when you leave here!

Our purpose: The members of this group are committed to practicing the 12 Steps as outlined in the Big Book of Alcoholics Anonymous. It is our intent to share our experience, strength and hope with those who suffer from the disease of alcoholism and addictions so that we may carry out our primary purpose, to help others find recovery through the 12 Steps. This meeting is 7 days a week sharing our experience using the Big Book Awakening process going thru the Big Book. We welcome all 12-step programs here- if you are new we are glad you're here and welcome all questions. This meeting will last for an hour but connection will stay open afterwards to allow all with a desire to share to do so.

Please join me in the 3rd Step Prayer followed by five minutes of meditation.

"God, I offer myself Thee -- to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always." [Meditation music](#)

AFTER 5 MINUTE MEDITATION

***** “We encourage people to turn their cameras on when possible to promote a sense of community and connection. However we ask you to keep your cameras off when eating, smoking, driving or moving around so we can better focus on the person sharing”

Today I have asked _____ to read

- ☐ [A portion of Doctor's Opinion \(page XXVI\)](#)
- ☐ [There is a Solution from page 24](#)
- ☐ [A portion of Chapter 3 - More About Alcoholism from page 30](#)
- ☐ [Chapter 5 "How it Works" from page 58 thru the abc's](#)

Our speaker _____ will now share their experience for 15 minutes on _____ followed by participation on or questions to anyone from anyone focused on this topic.
WHEN THE 15 MINUTE SPEAKER HAS FINISHED, READ THE FOLLOWING.

The meeting is now open for participation on, or questions to anyone, from anyone. Please limit your sharing to under 5 minutes. Our Chairperson will be responsible for keeping the meeting on topic. The topic for tonight's meeting is _____. If you do not have experience with this topic as it outlined in the Big Book of Alcoholics Anonymous, we ask that you limit your sharing to questions only.

insert into chat bar

We are very glad you are here today. All our meetings expenses for the year are already met. We honor the spirit of the seventh tradition in this meeting but ask that you give to your local 12-step meetings to continue to support them. Please join our weekly Whatsapp for more questions, sponsorship & weekly fellowship!

Here is the **new 2026** Whatsapp group.

<https://chat.whatsapp.com/J5w0a6pmAOD0McoxqJ94LO>

<http://www.bbaworks.com>

MORE SPEAKER AUDIOS <http://www.bbaworks.com/wednesday-night-bba-audio>

<https://bigbookawakening.com/product-category/books-cds/>

<https://bigbookawakening.eu/>

<http://bbaworks.co.uk/>

<https://www.recoveredfrom.com/>

<https://recoveredfrom.com/index.php/audio-archive/>

Reminder: this meeting runs every day of the week at the same time.

Sundays are Big Book Awakening Emotional Sobriety Sundays.

Miracle Mondays Experience Strength Hope working the Big Book Awakening

Tuesdays are in Enlarge Your Spirit Topics.

Wednesdays are Workshop Wednesdays following the BBA workshop assignments.

Thursdays are Step 1 experiences.

Fridays are Line-by-Line Reading of the Big Book - new speaker every week!

Saturday is always Steps 10 and 11 topics. See you all tomorrow at the same time!!!!
and on this same Zoom meeting link:

Thursday Nights 6.15 PST Big Book Awakening Emotional Sobriety

Saturday Mornings BBA Women's Meeting.

AND on same link:

Wednesdays BBA Wednesday Emotional Sobriety Meeting

9am-10am PST (12pm EST) Wednesdays 18:00 CET

Thursday : BBA Meeting for compulsive eaters & food addicts

10am PST/ 1pm EST/ Euro: 6pm GET / 7pm CET

Thursday Eastcoast Emotional Sobriety Meeting

Thursdays at 7 Eastern and 4 Pacific.

Thursday Nights 7.15 PST Big Book Awakening Emotional Sobriety

Saturday Mornings 9.00am PST BBA Women's Meeting.

Sundays: BBA Meeting for Compulsive Eaters & Food Addicts
4pm PST 7pm EST

Would anyone like to start us off? If nobody starts sharing, have 2 or 3 people from the participants list picked out to call on to share, if they don't want to, ask the next person. IF THEY DON'T START TALKING IN A FEW SECONDS SAY, "check your microphone, it's muted and we will come back to you." then call the next person.

At about 5 minutes before the end of the meeting FINAL COMMENTS.

Who will help moderate the after meeting today? Simply calling on everyone who hasn't shared yet by name.

Reminder: this meeting runs every day of the week at the same time.

Close the meeting with the 7th step prayer.

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.

THE AFTER MEETING MODERATOR WILL PICK FROM THIS LIST ANYONE STAYING FOR THE AFTER MEETING. CALL THEM BY FIRST NAME AND ASK THEM TO INTRODUCE THEMSELVES AND SHARE IF THEY WANT TO. THEN GO THRU THE WHOLE LIST OR UNTIL 30 MINUTES AFTER MEETING. AS THE LEADER- YOU CAN CLOSE SKYPE OR STAY FOR THE AFTER MEETING. THANK YOU FOR YOUR SERVICE!