

## Hundreds are impacted by what We bring of God today.

<https://bit.ly/DAILY12BBA> pw= BIGBOOK

Tech login = Recoveredfrom@gmail.com pw= 1BBAnoon

Tech assign co-lead to leader, speaker & monitors.

(If you are a leader, then turn over lead to another before exiting to avoid closing the meeting for all.)

**11:45** am Pacific

**T-14:** De-select Enable Waiting room.

Greeters Greet

**T-12: Leader: “for all those interested in forgiveness.”**

Tech: **start** Hooponopono...

<https://recoveredfrom.com/index.php/bba-daily-meeting-resources/>

**T-5:** Greeters Greet

**Time-2**

Leader:

Is our Speaker ok with recording the audio portion of this to share with others in recovery? Thanks.

**Tech: Select RECORD, then ‘Record to Cloud’**

May I have a volunteer to read our inspiration from the next to last page of “The Dr’s Opinion”? Thanks.

May I have a volunteer to lead the after meeting? Thanks.

To help others connect with our Big Book Awakening message of recovery, the audio only portion of this meeting is posted on RecoveredFrom.com

**Noon = Live**

Leader: *Good Day!* My name is \_\_\_\_\_

and I am \_\_\_\_\_.

*Welcome* to the Big Book Awakening Tuesday Noon meeting.

Chat is open to message the group to share next, or raise your hand to speak.

We follow principles as outlined in the Big Book of Alcoholics Anonymous. If you feel your privacy is at risk, please disconnect? And, It is our group conscience to respect others, our traditions, unity, and anonymity.

Audio is recorded to carry a message of hope. You will find amazing speakers on [RecoveredFrom.com](http://RecoveredFrom.com) in the audio recordings link. We will have unrecorded sharing after this meeting adjourns.

*Our purpose:* The members of this group are committed to practicing the 12 Steps as outlined in the Big Book of Alcoholics Anonymous. It is our intent to share our experience, strength and hope with those who suffer from the disease of alcoholism and addiction so that we may carry out our primary purpose, to help Alcoholics and Addicts recover through the 12 Steps.

We welcome all 12-step programs. This meeting is 7 days a week sharing our experience using the Big Book Awakening process going thru the Big Book of Alcoholics Anonymous. If you are new we are glad you're here and welcome all questions. This meeting will last for an hour but again, the connection will stay open afterwards to allow all with a desire to share to do so.

*Please join me:* in the 3rd Step Prayer followed by a mindful meditation: "God, I offer myself Thee -- to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always."

Now a mini meditation with music:

<https://recoveredfrom.com/index.php/bba-daily-meeting-resources/meditation-notice/>

## AFTER 5 MINUTE MEDITATION

\*\*\*\*\* **“We encourage people to turn their cameras on when possible to promote a sense of community and connection. However we ask you to keep your cameras off when eating, smoking, driving or moving around so we can better focus on the person sharing”**

\*\*\*\*\*

Today I have asked \_\_\_\_\_ to read from the next to last page of the Dr's Opinion, Paragraph 3 Line Thanks

*Tech:* Screenshot [TUESDAY The Dr's Opinion](#)

*Leader:* And the basis for this meeting...

From Bills Story: “My friend had emphasized the absolute necessity of demonstrating these principles in all my affairs. Particularly was it imperative to work with others as he had worked with me. Faith without works was dead, he said. And how appallingly true for the alcoholic! For if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead. If he did not work, he would surely drink again, and if he drank, he would surely die. Then faith would be dead indeed. With us it is just like that.”

*Leader:* “I'd like to thank our Speaker \_\_\_\_ (recording editor needs name) \_\_\_\_\_ in advance for sharing your practices and experience with perfecting and enlarging a spiritual life.”

Advise Speaker: ‘I'll let you know when 5 minutes are left.’

**12:30** or as determined, *Leader:*

Close to windup, Send private chat message, visual or verbally, Gently let the Speaker know time is almost up...

*Leader:*

Thank the Speaker for your experience, strength and hope.  
(model sharing if Spirit moves you? .)

*Leader:* The meeting is now open for participation on, or questions: to Anyone  
from Anyone.

If you do not have the experience of today's topic as outlined in the Big Book:  
We request you limit sharing to questions only. *Thanks.*

To allow all with a desire to share, please keep sharing time to 3 minutes.  
I'll be responsible for keeping the meeting on topic and on time.

The topic for this meeting is:

***today's journey in perfecting and enlarging your spiritual life.***

Would anyone like to start us off?

(If nobody starts sharing, have 2 or 3 people from the participants list picked out  
to call on to share, if they don't want to, ask the next person. )

**12:55** *Leader:* Any final Comments? *Thanks.*

I've asked \_\_\_\_\_ to (or, Who will help), moderate the  
after meeting today? Thanks.

Reminders: this meeting runs every day of the week at the same time. Sundays  
are Big Book Awakening Emotional Sobriety Sundays...Miracle  
Mondays...Tuesdays are Perfect & Enlarge Your Spiritual Life....Next are  
Workshop Wednesdays following the BBA workshop assignments....Thursdays  
are Step 1 experiences....Fridays are Line-by-Line Reading of the Big Book -  
new speakers every week!  
Saturday is always Steps 10 and 11 topics.  
See you all tomorrow at the same time!!!!

Please join me in closing with the 7th step prayer.

"My Creator, I am now willing that you should have all of me, good and bad. I  
pray that you now remove from me every single defect of character which stands

in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.”

**Tech: Select STOP RECORDING, should save 'to Cloud'**

**1:00 pm Leader:**

\_\_\_\_\_ will moderate to keep the meeting open, so that all who need to share have a chance to do so?

Advise Moderator: “Please call on people as needed, and ask they share. Maintain order and close the meeting when done?”

Leader: THANK YOU ALL for Being here...  
\_\_\_\_\_, the meeting is yours.

**Tech:** If staying, keep zoom Lead, If not, transfer lead to Moderator.