

Connection info for Prayer meetings:

<https://us02web.zoom.us/j/9901853011>

Meeting ID: 990 185 3011 | Password: LISTEN

<https://recoveredfrom.com/wp-content/uploads/2020/12/HOW-TO-LISTEN-TO-GOD.pdf>

post above link into the chat bar a few times as people begin to log on & during the start of the meeting. Choose a reader to help you read during the meeting. get 1 person to read the above 2-way prayer instructions.

Two Way Prayer Zoom Leader's Guide

Leader: Welcome to the Zoom Two Way Prayer Group.

My name is _____ and I'll be your leader for this meeting.

Let's open with a moment of silence, followed by the Serenity Prayer

All: (*... God, grant me the serenity to accept the things I cannot change,
courage to change the things I can, and the wisdom to know the difference.*)

Leader: Thy Will, Not Mine Be Done.

Group Preamble:

Our Two Way Prayer Group is part of Fellowship open to any and all who struggle with addiction. Our addictions include alcohol, drugs, alanon, internet, gaming, nicotine, food, sex, relationships, gambling, shopping, worrying, work, and lying – to list but a few. We attempt to follow the original program of Alcoholics Anonymous.

Our group is committed to helping our members find a deeper and more personal experience of God through an enhanced practice of the last three Steps of 12-Step Programs.

My name is _____ and these are the last three Steps of the 12-Step Program:

Step Ten: Continued to take personal inventory and when we were wrong promptly admitted it.

Step Eleven: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for the knowledge of His will for us and the power to carry that out.

Step Twelve: Having had a spiritual awakening as the result of these Steps we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

We work the first nine Steps outside of this group or in the other Fellowships to which we belong. While we remain focused here today on these last three Steps, we continue to make daily use of all the spiritual tools we learn through our other Steps.

If you are new to our group we welcome you with open arms.

Please click the 2-way prayer pdf in the chat bar to follow along. It contains the information needed to help you begin listening for *"the still, small Voice"* that is within each of us.

If you come as a skeptic, please know that many of us also shared your honest doubts. But we have found that a willingness to live life by the Four Standards of ***Honesty, Purity, Unselfishness and Love*** along with a sincere effort to practice Quiet Time, has led us into a new, and often transforming, relationship with our Creator.

The God of our understanding has become the God of our experience. The Creator who once seemed distant and detached has become our closest Friend and Guide. We hope it may be so for you as well.

Leader: We are very glad you are here. All our meetings expenses for the year are already met. We honor the spirit of the seventh tradition in our meetings but ask that you give to your local 12-step meetings to continue to support them.

Our meeting lasts for approximately one hour. We generally share portions of our Two Way Prayer journals with the group. All sharing is completely voluntary and confidential. We ask for this to be respected by one and all.

Please have a blank sheet of paper and a pencil or pen to write with. Many of us come with a question, a need or topic of concern to take to God for guidance today, others simply ask God to speak to us through today's writings.

Ask the person you chose to read instructions pdf, pausing for the 10 minute 2 Way Prayer Meditation. meditation music share screen AND sound when done have same volunteer finish reading the instructions and then read:

During our Opening Round, sharing is limited to those who have written Two Way Prayer today and wish to read from them. Our instructions were to write down what comes to us today so please try to only share what you have written down today.

While one member is sharing, we invite you to write down any thoughts or guidance you may receive while listening to that person's share. We have found that one person's guidance may hold important meaning for others as well.

Unlike some 12-Step groups, we **do** allow crosstalk during our meetings however we do not interpret one another's Guidance. We try not to take the focus away from the person who is sharing by telling them what we heard for them. In these sessions we look only for what God is telling us not others, I listen for what I hear for me or what it brought up in me, again we do not interpret or give feedback on another's writings in this meeting, That conversation, spiritual feedback, is only

for weekly one on one prayers sessions with your individual prayer partner or sponsor.

We will start breakout rooms of 5 to 7 people according to the size of the meeting and then we can all share. Each person has 3 to five minutes to read what they have written today. Breakout rooms normally last about 20 minutes but you can return to the main room anytime.

CLOSING: *When the hour is nearly up, say:*

- **Our time is almost up. Are there any announcements?**
- **If you didn't have a chance to share or if you have any questions, some of us will remain after the meeting to answer them.**
- **Thank you all for sharing and for the opportunity to lead the meeting. Please come back next week and bring a friend.**

(The above format was approved by our Group Conscience Meeting. Date: ____)
