

BIG BOOK AWAKENING (BBA)

Saturday Women's Meeting Zoom Leader Instructions

Zoom Meeting Link: <https://bit.ly/DAILY12BBA>

MEETING ID: 719 9476 8665

PASSWORD: BIGBOOK

1/2 HOUR BEFORE MEETING: Tech Host opens room
Leader chooses readings from the following:

BBA READINGS AVAILABLE:

- [A-Portion-of-The-Doctors-Opinion.pdf \(recoveredfrom.com\)](#)
- [There-is-a-Solution.pdf \(recoveredfrom.com\)](#)
- [A-Portion-of-Chapter-3_More-About-Alcoholism.pdf \(recoveredfrom.com\)](#)
- [Chapter-5_Original-Text-AA.pdf \(recoveredfrom.com\)](#)

Leader Script:

Good Day! My name is _____ and I am an _____ . Welcome to the ZOOM Big Book Awakening Saturday Women's meeting. Just a reminder, this is a safe space reserved for all self-identified women to share their experience using the Big Book Awakening message of recovery. If you do not identify as a woman, please feel free to join other BBA meetings, which are offered every day of the week.

Also, to maintain safety, if your camera is off and you have a gender-neutral name, you may get a message asking to turn your camera on briefly. If you don't respond, you may be put in the waiting room. We really appreciate everyone's cooperation on this sensitive issue.

Our meeting today is modeled on the 12 steps and 12 traditions of Alcoholics Anonymous. All names, personal information, and personal stories should be kept in confidence—What you hear here, what you see here, let it remain here when you leave here!

Please mute your microphones now. Please only turn your mic on when you are going to speak. Use the chat feature to message the group to share next or wave your hand.

This meeting intends to follow courteous principles of privacy & anonymity, but if you feel your privacy is at risk, please disconnect now. Everyone please respect the traditions and anonymity. We use the recorded audio portion of this meeting to help others connect with our Big Book Awakening message of recovery. If you don't want to share during the recorded session, we have open sharing after the meeting. Are there any volunteers who would be able to help moderate the "after meeting" meeting? *(If no volunteers, ask again at the end of the meeting)*

Our purpose: The members of this group are committed to practicing the 12 Steps as outlined in the Big Book of Alcoholics Anonymous. It is our intent to share our experience, strength and hope with those who suffer from the disease of alcoholism and addiction so that we may carry out our primary purpose, to help Alcoholics and Addicts recover through the 12 Steps.

We welcome all 12-step programs. This meeting is for women who share their experience using the Big Book Awakening process going through the Big Book. If you are new, we are glad you're here and welcome all questions. This meeting will last for an hour but the connection will stay open for 30 minutes afterwards to allow all with a desire to share to do so.

I'd like to ask someone now to raise their hand to lead us in the 3rd step prayer, which will be posted. This will be followed by 5 minutes of meditation.

“God, I offer myself to Thee -- to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help with Thy Power, Thy Love, and Thy Way of life. May I do Thy will, always.”

Thank you for your service! We'll now have 5 minutes of meditation.

Tech Host starts meditation music (share your screen while keeping your mic on mute - do NOT play music from an external device):

AFTER 5 MINUTE MEDITATION:

A reading from the Big Book will now be posted. Please raise your hand if you'd like to read for us today.

- [A-Portion-of-The-Doctors-Opinion.pdf \(recoveredfrom.com\)](#)
- [There-is-a-Solution.pdf \(recoveredfrom.com\)](#)
- [A-Portion-of-Chapter-3_More-About-Alcoholism.pdf \(recoveredfrom.com\)](#)
- [Chapter-5_Original-Text-AA.pdf \(recoveredfrom.com\)](#)

Our speaker _____ will now share her experience for 15 to 20 minutes on _____ followed by participation on or questions to anyone from anyone focused on this topic.

To speaker: Are you okay with being recorded, and would you like a 5 minute warning? The timer will also be visible in the upper right hand corner of your screen.

WHEN THE SPEAKER HAS FINISHED:

Just a quick reminder: This meeting is a safe space reserved for self-identified women to share their experience, strength, and hope. If you do not identify as a woman we respectfully invite your participation in many other BBA meetings offered each week.

The meeting is now open for participation on the topic, or questions to anyone, from anyone. We will go with (3 minute or 5 minute) shares. I will be responsible for keeping the meeting on topic. The topic for today's meeting is _____. If you do not have experience with this topic as outlined in the Big Book of Alcoholics Anonymous, we ask that you limit your sharing to questions only.

Who would like to start us off?

If nobody starts sharing, have 2 or 3 people picked out to call on. If they don't want to, ask the next person.

Tech host inserts into chat bar the following:

We are very glad you are here today. All of our meeting expenses for the year are already met. We honor the spirit of the seventh tradition in this meeting but ask that you give to your local 12-step meetings to continue to support them. Please join our weekly Whatsapp for more questions, sponsorship & weekly fellowship!

<https://chat.whatsapp.com/DpOjDfF83Me0JzbAbDMCZp>

MORE SPEAKER AUDIOS

[WEDNESDAY WOMENS BBA MEETING AUDIO - WE HAVE RECOVERED FROM, THERE IS HOPE.](#)

[AUDIO ARCHIVE - WE HAVE RECOVERED FROM, THERE IS HOPE.](#)

<http://bbaworks.co.uk/>

<https://www.bigbookawakening.eu/>

<https://www.recoveredfrom.com/>

<https://chat.whatsapp.com/DpOjDfF83Me0JzbAbDMC>

About 5 minutes before the end of the meeting, ask if there are any FINAL COMMENTS. If no one has volunteered, ask who will help moderate the after meeting today? Simply calling on everyone who hasn't shared yet by name.

Please raise your hand if you'd like to lead us out in the 7th step prayer. Thank you _____. Just a final reminder: All names, personal information, and personal stories should be kept in confidence—What you hear here, what you see here, let it remain here when you leave here!

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.

HOST CAN EXIT OR STAY FOR THE AFTER MEETING. IF YOU ARE LEAVING, LET TECH HOST KNOW. SHE WILL MAKE THE AFTER MEETING MODERATOR THE NEW MEETING HOST. THANK YOU FOR YOUR SERVICE!

AFTER MEETING MODERATOR: Who would like to start us off today?

MEETING CLOSES OUT AT HALF PAST THE HOUR OR BEFORE IF PEOPLE ARE FINISHED SHARING.