

CURRENT BBA MEETINGS Feb 24 UPDATE (please let me know the ones I've missed)  
[recoveredFrom@gmail.com](mailto:recoveredFrom@gmail.com)

**CURRENT BBA MEETINGS ALL ADDICTS, ALCOHOLICS & ALANONS ARE WELCOME**

**TO GET AN UPDATED LIST EVERY MONTH CHECK:**

**<https://recoveredfrom.com/index.php/calendar-upcoming-events/>**

**EVERYDAY: "DAILY MEETING ON ZOOM"**

BBA ONLINE 12 NOON PACIFIC (8pm BST) (7am AEDT)

DAILY WORLDWIDE BIG BOOK AWAKENING MEETING

<https://bit.ly/DAILY12BBA>

MEETING ID: 719 9476 8665 PASSWORD: BIGBOOK

**MONDAY:** BBA UK All Addictions Zoom meeting

11am PDT/2pm EDT/7pm British Standard Time/London

19:00 WEST – 20:00 CEST – 21:00 EEST 11 am PST – 2 pm EDT – 19:00 BST (6am AEDT)

<https://us06web.zoom.us/j/83701469747>

Meeting ID: 837 0146 9747

Passcode: 776747

**MONDAY on zoom:**

BBA DEL MAR 7PM

JOIN ZOOM MEETING BY 6:45 PM PST

<http://bit.ly/BBAMondayDelMar> pw: BBA

MEETING ID: 847 9416 2270 PASSWORD: BBA

**MONDAY in person :**

EASTLAKE BBA IN PERSON 7PM

EASTLAKE COMMUNITY CHURCH

990 Lane Ave, Chula Vista, CA 91914

**Tuesday:** BBA 164 Food Addiction Meeting

Morning BBA Meeting for compulsive eaters & food addicts

8am PST 11am EST ( 11PM EDT / 4PM GMT )

<http://bit.ly/BBAFood164>

Meeting ID: 221 536 9648

Passcode: steps

Contact Claudia I. [cbioanes@gmail.com](mailto:cbioanes@gmail.com)

**Tuesday Evening:** BBA Meeting for compulsive eaters & food addicts 6 pm PST

<http://bit.ly/BBAFoodOAMeeting>

Meeting ID is 884-598-2106

The passcode is 1205 Contact Ann-Marie 619-300-6215

**Tuesday in person :**

San Diego BBA IN PERSON 7PM - 8:15PM  
FIRST UNITED METHODIST CHURCH  
2111 Camino del Rio South  
San Diego, CA 92108

**TUESDAY:** MELBOURNE BBA WOMEN'S MEETING  
9PM PST (MIDNIGHT EST)

**AUSTRALIA LOCAL WEDNESDAY 7PM AEDT**

[Melbournebbameetings@gmail.com](mailto:Melbournebbameetings@gmail.com)

Contact: Di H. 0401 227 331

<https://bit.ly/MELBOURNEBBA>

MEETING ID: 898 6408 3579

**WEDNESDAY:** BBA Vienna Wednesdays

[Chaos creator focus, all addictions most welcome!!]

9am-10am PST Wednesdays 18:00 CET

<http://bit.ly/BBAViennaWeds>

Meeting ID: 895 9774 6336

Password: 048032

The room is open from 17:45 CET Meeting starts 18:00 CET

**WEDNESDAY:** BBA FOR COMPULSIVE EATERS MEETING 11AM PST

Wednesdays 11am PDT/2pm EDT/7pm British Standard Time/London

<https://bit.ly/BBACompulsiveEatersMtg>

ID 961921529 Password 562657

or <https://us04web.zoom.us/j/961921529?pwd=R2VzV291UTdoVTJjb1oyT20zaXNSUT09>

**WEDNESDAY NIGHT:** SAN DIEGO BBA MEETING 7PM

**(ORIGINAL OLD TOWN SAN DIEGO MEETING)**

LOGIN STARTS@6:45PM PST (2pm AEDT)

<http://bit.ly/BBASanDiego>

**MEETING ID:** 269 748 573 **PASSWORD:** BBA

**THURSDAY:** BBA Meeting for compulsive eaters & food addicts 10am PST/ 1pm EST/ Euro: 6pm GET / 7pm CET

<http://bit.ly/BBAMeeting>

MEETING ID: 719 9476 8665 PASSWORD: BIGBOOK

**THURSDAY:** BBA CENTRAL ALCOHOLICS ANONYMOUS MEETING

6:00PM PST 8PM CENTRAL

<https://bit.ly/BBACentralAAmeeting>

MEETING ID: 999 600 2717 PASSWORD: CENTRALBBA

**THURSDAY night:** BBA EMOTIONAL SOBRIETY 7:15PM FOCUSED ON THE TOOLS INSPIRED BY ALANON AND CODA 7:15-8:30 ALL 12 STEP MEMBERS WELCOME

<https://bit.ly/DAILY12BBA>

MEETING ID: 719 9476 8665 PASSWORD: BIGBOOK CONTACT RACHEL P. FOR MORE INFORMATION: 858-336-7115

Weekend Meditation Room for Beginners meditation will be held on weekends. Time announced via email.

Contact Chris to be added: [chris.knuth510@gmail.com](mailto:chris.knuth510@gmail.com)

"We'll start the session by answering any questions you may have since working with the techniques I've shown you over the past few weeks.

Also, please feel free to share this link with anyone that may be interested." Chris K

<https://us02web.zoom.us/j/83872422063?pwd=d1Z6Tjd3V1FvaGwxajNiZm9BWTVuZz09>

Meeting ID: 838 7242 2063 Passcode: 775112

**SATURDAY:**

Saturday Women's BBA Meeting Big Book Awakening Format

Saturdays 9am PST 11am CST 12noon Eastern

<https://zoom.us/j/71994768665>

MEETING ID: 719 9476 8665 PASSWORD: BIGBOOK

**SATURDAY:** SYDNEY BBA MEETING 5PM PST (8PM EST)

**AUSTRALIA LOCAL SUNDAY 10AM AEST**

**LOGIN EARLY PLEASE**

<https://bit.ly/BBASYDNEYNEW>

MEETING ID: 876 8396 6095 password: BIGBOOK

**SUNDAY:** BBA EMOTIONAL SOBRIETY MEETING

Sundays 12 noon Pacific 3pm EST (8pm BST) (Mon 5am AEDT)

[all addictions are welcome]

<https://bit.ly/DAILY12BBA>

MEETING ID: 719 9476 8665 PASSWORD: BIGBOOK

**SUNDAY EVENING:** EASTLAKE BBA MEETING 7PM

(Mon 12noon AEDT)

<https://bit.ly/SUNDEASTLAKEBBA>

MEETING ID: 898 466 559

password: eastlake [all lower case]