

As a homework group leader or partner, please determine the best meeting day and time for your schedule. We want this to be as easy as possible for each of the homework leaders. It will be a weekly 60-90 minute meeting with your group. 3 to 5 people per group will be ideal. We will help assign them to you after you give us your time slot.

Host your weekly meeting using Skype, Facetime, WhatsApp, or Zoom. Anyone can get a free zoom account but you are limited to 40-minute meetings.

During your meetings, you will be the leader/guide. The purpose of the homework meeting is for everyone to share their experience with the Big Book transcription for that week and especially the answers to the question guide.

You will call on group members to share their answers to the homework questions. We discourage the use of simple YES/NO answers, you can use your own question guide answers to help members get to their own truth. But remember we never tell them what they are supposed to believe, we ask what their experience is in relation to the Big Book and the questions.

Depending on how many members are in your homework group there might not be enough time for each group member to answer all the questions every week. You may have to pick a few of the questions, making sure the most important points are covered. Make sure that everyone gets a chance to participate and ask questions, encouraging everyone to share their time. Watch for any member dominating the sharing or using too much of the group time. All of our co-leaders will also help with any questions, extra guidance, or help.

We honor each of you, knowing that this is you volunteering your time, as part of your own recovery.

SAMPLE HOMEWORK FORMAT | Everyone should be logged in *before* the meeting time.

- Open with the Set Aside Prayer
- 1- 5 minutes of mediation together
- Any questions about the homework assignment?
- Go around the virtual room one question at a time hearing each person's answers. Share your own answers as well. Try to encourage more than simple YES/NO answers as you were taught. Look for answers that may have misunderstood the question and rephrase from your experience on the question. We're not here to change anyone's mind but help them see the truth. We're not trying to convince anyone, let the book and God do that.
Note: You may have to set a 2-minute timer for answers in the first few weeks to maximize your time together.
- Read the section of the big book, with transcriptions. You may only have time for some parts. As the weeks go on, other members may feel comfortable sharing the reading too.
- If time allows, sometimes we do a general check in.
- Close with the 7th step prayer